

Proclamation

Mental Health Month 2023
“Look Around, Look Within”

WHEREAS, the area that someone lives in plays a significant role in their overall health and well-being; and

WHEREAS, surroundings can impact if, how, and when a person's needs are met, which in turn affects mental health; and

WHEREAS, having safe, stable, and healthy home conditions set the foundation for achieving and maintaining good mental health; and

WHEREAS, with early and effective interventions, those individuals with mental health conditions can recover and lead full, productive lives; and

WHEREAS, each business, school, government agency, health care provider, organization, and citizen share the burden of mental health problems and has a responsibility to promote mental wellness and support prevention efforts.

NOW THEREFORE I Mayor Karspeck do hereby proclaim May 2023 as Mental Health Month in The Town of Berthoud. As the Mayor of The Town of Berthoud, I also call upon the citizens, government agencies, public and private institutions, businesses, and schools in Berthoud to recommit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental health conditions.

Given under my hand in these free United States in the Town of Berthoud, on this 23rd day of May 2023, and to which I have caused the Seal of the Town of Berthoud to be affixed and have made this proclamation public.



William Karspeck